Domestic Travel and COVID-19



Make sure you are <u>up to date</u> on COVID-19 vaccines before travel.

Before and during travel

- Make sure you follow all local, state, tribal, and territorial travel restrictions.
- Do not travel if you have COVID-19 symptoms, tested positive for COVID-19, or are waiting for results of a COVID-19 test.
 - If you have ended your isolation period but must continue wearing your mask, be sure to use a high-quality mask or travel by private vehicle when possible.
- Wearing a mask over your nose is recommended on planes, buses, trains, and other forms of public transportation as well as at transportation hubs such as airports.
- Consider getting tested with a viral test as close to time of departure as possible but no more than three days before travel.
- Take precautions to protect others while traveling:
 - In areas with high numbers of COVID-19 cases, consider wearing a mask in crowded outdoor settings and for activities with close contact with others who are not up to date on their COVID-19 vaccine.

After travel

- Get tested with a viral test if your travel involved higher risk activities such as being in crowded areas while not wearing a mask.
- Monitor yourself after travel for symptoms of COVID-19.
- If symptoms develop, isolate yourself, reach out to your health provider, and consider getting tested.





